

# Broad Bean Dip

June 2023



K, you have previously been very keen to get involved with cooking. Therefore, when I asked if you would like to help make a broad bean dip you were very happy. We went into the mud kitchen garden and you listened carefully as we talked about just picking the bigger pods.

K, while we were picking the broad beans you stopped to tell me that “Mummy and Daddy get their broad beans from the supermarket, they didn’t grow them”. You then made the connection to what we were doing as you told me “at Nursery we have grown the beans”.





Back in Nursery we had great fun getting the beans out of the pod. You were aware that you needed to pick the pods that were still closed and had bumps in them. K, you concentrated so hard to make sure you got all the beans out of each pod. You used your fingers to snap the end of the pod. You then carefully peeled the pod apart and starting pulling the beans out. You turned to me with a big smile on your face and said “Leanne, popping the beans is so funny”.



I noticed you turn your head towards M when she said “they smell of peas” and then put the pod to your nose. You noticed another child throw an empty pod into the bowl, you looked cross as you said his name but didn’t get upset.



Geraldine had helped some children make pitta bread earlier in the morning. K, you seemed to enjoy helping shape the pitta bread. I can see from this photo you were watching and listening to the instructions that Geraldine was giving as you stretched the pitta bread out.

It was lovely seeing how keen everyone was to try the pitta bread and dip at group time.

K, your focus and attention were amazing. I love the way you made connections between what we were doing and what you know from home. I also enjoyed watching you play co-operatively with others and respond to what they were saying. You definitely seemed happy.

